



The Walk to End Alzheimer's is
Getting Close!!

If you haven't already done so, please click

on the links below to join one of our walk teams!!



Like most of us, we know too many people whose lives have been touched by Alzheimer's disease, the nation's sixth-leading cause of death. That's why we're joining the Alzheimer's Association Walk to End Alzheimer's® on 9/6/14 in Las Cruces and 9/27/14 in Albuquerque. We have committed to raising awareness and funds to support Alzheimer's care, support and research, and we need your help. Together, we can become an unstoppable force against this devastating disease. You can help in two ways:

1. **Join Us in Our Fight to End Alzheimer's** by walking with us! Our team is called Preferred Assisted Living Pacesetters.

2. **Help us to Reach Our Goal By Making a Donation**

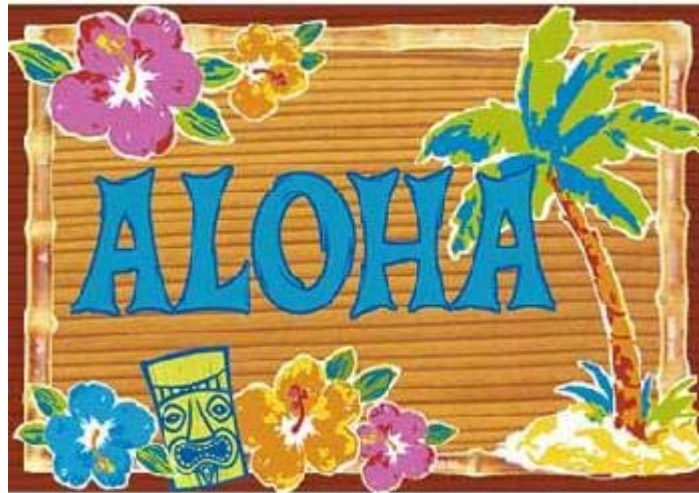
We hope to make a big contribution in the fight against Alzheimer's by reaching a team fundraising goal of \$2500.00 and we would be so grateful if you would join or sponsor us. Your support of Walk to End Alzheimer's will help the Alzheimer's Association to enhance Alzheimer's care and support and advance critical research for all those affected by this devastating disease. We are walking to make a difference for the future.

We all have a reason to end Alzheimer's.

**To visit our fundraising Web page to sign up or to donate today
click on the links below:**

[Las Cruces Walk Team](#)

[Albuquerque Walk Team](#)



Armchair Travels Hawaiian Luau

Our "Paris in the Spring" travels were well received by all the residents! They enjoyed the food, the ambience, the socialization and the fabulous music! The month of June will bring us to Hawaii, where we will sip frozen "Daiquiris and Pina Coladas," listen to Hawaiian music, wear leis, look at photographs of the beautiful island and reminisce! Look for some great photos of this event in next month's newsletter!



Our Super Seniors, are a group of seniors who attend various outings throughout the month. Our outings vary from trips to the mall, local museums, zoo, botanical gardens, senior centers and movies just to name a few. Outings are scheduled in advance and based on space availability. If you are interested in your loved one being part of the Super Seniors Group, please contact Tracy at tayers.apal@gmail.com

Albuquerque Aquarium





MOM

Happy Mother's Day

We celebrated Mother's Day at all houses with beautiful desserts and flowers for everyone! Each location was given the challenge to create their own specialty desserts and what talented staff we have! Their desserts could have been featured on the Food Network!! We had Strawberry Shortcake, Strawberry Trifles, Cupcake Ice Cream Cones, and many more! The ladies really enjoyed the day and the visits from everyone!







Celebrate National Nursing Assistants Week June 12th - 19th

NURSING ASSISTANTS ... A CAREER TO BE PROUD OF

Taking care of your loved ones is our #1 priority and we wouldn't be able to do it without our fabulous staff! To celebrate them, we are having a Pool Party and BBQ at Vista Sandia on June 18th and a BBQ at Casa Bella also on June 18th. Below is some information you may not know about CNA's and caregivers.....

Nursing assistants are key players in the lives of the people in their care. Each day, more than 4.5 million caregivers provide hands-on care to our nation's frail, elderly, or chronically challenged citizens in nursing homes and other long term care settings. And the number is growing as an additional 700,000 new positions will need to be filled in the next 25 years.

These important workers have various titles including: Nursing Assistants, Direct Care Workers, Care Assistants, Home Care Assistants, Caregivers, Hospice Assistants, Geriatric Aide/Assistants, Resident Assistants, Personal Care Assistants, Restorative Aides, Patient Care Assistants and others in nursing homes, home care, hospice, LTC hospitals, Emergency rooms, prisons, MR Facilities, Workshops and other long term care settings

Nursing Assistants provide as much as 80-90% of the direct care received by residents and clients in long term care facilities.

Because they stay in care giving positions, Career Nursing Assistants provide predictability and stability to care. This in turn enhances the feeling of security for our aging, frail, or physically challenged citizens. The following findings are from the

"

Stayers Studies" (funded by the Administration on Aging, National Institute on Aging, 1997-98):

28% stay 5 or more years in positions as nursing assistants

12.6% stay 10-55 or more years

Stayers maintain positive relationships with residents

Stayers value job security and peer relationships

Stayers are considered to be health care experts in their own families

The majority of Stayers had a positive experience with an older person early in life and this factor contributed to their decision to become a nursing assistants.

Career Nurse Assistants bring wisdom, patience, humor, and a general attitude of caring to the daily lives of these people.

The Career Nursing Assistant also provides a role model for new nursing assistants and often recognized as the health care expert in their own families.

At Preferred Assisted Living we have some of the best nursing assistants there are! They are kind, compassionate and have a true love for the work they do and we know we couldn't do what we do without them!!

Please take the time to thank them every chance you get!!





Like most of us, we know too many people whose lives have been touched by Alzheimer's disease, the nation's sixth-leading cause of death. That's why we're joining the Alzheimer's Association Walk to End Alzheimer's® on 9/6/14 in Las Cruces and 9/27/14 in Albuquerque. We have committed to raising awareness and funds to support Alzheimer's care, support and research, and we need your help. Together, we can become an unstoppable force against this devastating disease. You can help in two ways:

1. **Join Us in Our Fight to End Alzheimer's** by walking with us! Our team is called Preferred Assisted Living Pacesetters.

2. **Help us to Reach Our Goal By Making a Donation**

We hope to make a big contribution in the fight against Alzheimer's by reaching a team fundraising goal of \$2500.00 and we would be so grateful if you would join or sponsor us. Your support of Walk to End Alzheimer's will help the Alzheimer's Association to enhance Alzheimer's care and support and advance critical research for all those affected by this devastating disease. We are walking to make a difference for the future.

We all have a reason to end Alzheimer's.

**To visit our fundraising Web page to sign up or to donate today
click on the links below:**

[Las Cruces Walk Team](#)

[Albuquerque Walk Team](#)



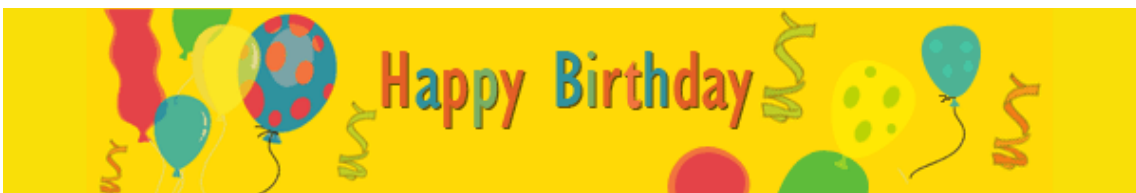


You're Invited....

Join Us For Ice Cream Sundaes to
Celebrate Father's Day

When: June 13th - 1:00pm

Where: All Locations

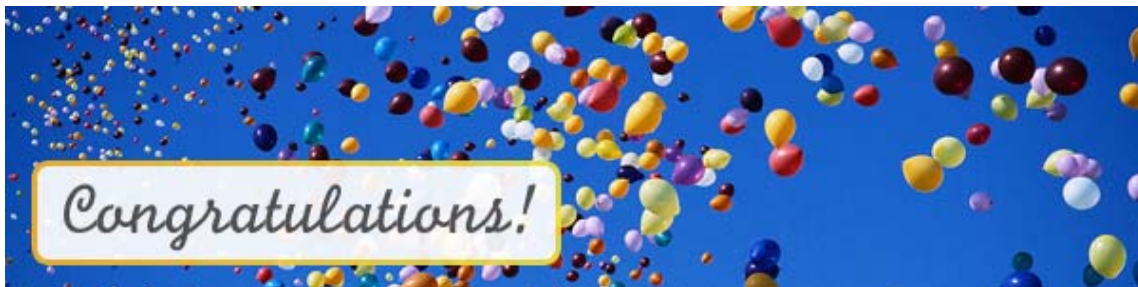


Resident and Staff Birthdays

June 5th - Hugh K - WRV

June 5th - Sally S. - CDN

June 8th - Ryan Tidwell - Administration
June 10th - Adriana Jimenez - CB Staff
June 13th - Chelsea Smith - CB Staff
June 15th - Claudene Thomas - WW Staff
June 16th - Isabel C. - WW
June 16th - Howard Ashford - Facilities Maintenance
June 18th - June H. - WW
June 20th - Stephanie Dodson - TH Manager
June 20th - Virginia - VS Manager
June 22nd - Ophelia C. - CB
June 24th - Jill Shannon - CB Administrator
June 25th - Nancy Dominguez - CS Staff



Thank You for Your Years of Service

June 4th - Chris Anaya - Marketing - 2 Years! !
June 9th - Melissa Baca - CDN 3 Years!!
June 22nd - Monique Hernandez - CB 4 Years!!
June 26th - Crystal Armijo - RH - 5 Years!!
June 26th - Graig Boyd - WRV - 1 Year!!
June 29th - Pearl Martinez - WW Manager - 5 Years!!



The Zimmers - Britain's Got Talent 2012
audition - UK version

Laughter
is the
BEST
medicine.

[Like us on Facebook](#)





Preferred Locations

Specializing in Care for Dementia and Alzheimer's

Casa Bella - 15 Beds - 2919 Spitz St. Las Cruces
Casa Bella Independent Living - 2 Bedroom Independent Living Apartments - 2915 Spitz - Las Cruces
Casa del Norte - 8 Beds - 3200 Candlelight Dr., NE Albuquerque
Robin House - 10 Beds - 9909 Robin Ave. NE Albuquerque
Tender Heart - 14 Beds - 4308 Tulane Dr., NE Albuquerque
Vista Sandia - 8 Beds - 8604 Camino Osito, NE Albuquerque
West Ridge Village - 14 Beds - 3130 Vista Grande, NW Albuquerque
Willow Wood - 8 Beds - 1008 Chiricahua, SE, Albuquerque

To view photos of our homes and read more about us, visit us at:
[Preferred Assisted Living Website](#)

For Information on Availability or to Schedule a Personal Tour, Contact:

Chris Anaya - 505-884-3830 (Albuquerque)
canaya.apal@gmail.com

Jill Shannon - 575-642-8787 (Las Cruces)
jshannon.apal@gmail.com



6565 Americas Parkway, 2nd Floor Albuquerque, NM 87110
Mailing Address: P.O. Box 14297 Albuquerque, NM 87191

505-884-3830 / 888-884-3830

General Fax: 800-557-3574

Clinical Fax: 800-656-0960

www.apalinc.com

Like us on Facebook 

[Forward this email](#)