

April, 2013

Locations:

Albuquerque

Casa del Norte  
3200 Candlelight Dr NE

Robin House  
9909 Robin Ave NE

Tender Heart  
4308 Tulane Dr NE

Vista Sandia  
8604 Camino Osito NE

West Ridge Village  
3130 Vista Grande NW

Willow Wood  
1008 Chiricahua SE

Del Sol Senior Sitters  
3609 Lafayette NE

Las Cruces

Casa Bella  
2919 Spitz St.

Hatch

Country Sunset  
1163 Canal St.

Quick Links...

[Our Website](#)



## Silver Alert Law is Signed by Governor Martinez



Preferred Assisted Living was honored to be in attendance at the NM Alzheimer's Association as Governor Martinez signed HB 131, the Silver Alert law. Silver Alert is an emergency system in which law enforcement can broadcast regional or statewide alerts for missing seniors and/or other adults with Alzheimer's or other cognitive disorders, much like the current Amber Alert does for missing children!



Team Member Birthdays

Pearl Martinez 4-4  
Sandra Montgomery  
4-18

## Resident Birthdays

Pauline B. 4-26 CS  
Tom N. 4-28 TH



The following people are celebrating work anniversaries this month with Preferred Assisted Living, Inc., and we want to say congratulations and thank you!!!

4/21 Gabriel Salcido  
2 Years!!

*Thanks for all you do and for being fabulous employees and caregivers!*

Our Management Team:

Casa Bella  
*Administrator*



Recently we opened up our Adult Day Care to our own assisted living residents as an additional opportunity for socialization and outings. Many of our residents have taken advantage of this wonderful opportunity and attend the day care 1-3 times per week. During this time, we have had some great outings! If you would like to have your loved one take advantage of some of these opportunities, please feel free to contact Tracy at [tayers.apal@gmail.com](mailto:tayers.apal@gmail.com) or 505-269-4556 for more information!



On the way to the Balloon Museum



Robert, Bonnie & Willa at the Museum Gift Shop

Jill Shannon

[jshannon.apal@gmail.com](mailto:jshannon.apal@gmail.com)  
*Assistant*

Ruth Olivas  
[casabella.apal@gmail.com](mailto:casabella.apal@gmail.com)

Country Sunset  
*Residential Services Manager*  
Brenda McWhorter  
[country.sunset.apal@gmail.com](mailto:country.sunset.apal@gmail.com)  
*Assistant*  
Dasha Jones

Del Sol Senior Sitters  
*Day Services Coordinator*  
Chanelle Smoots

Vista Sandia  
Tender Heart  
*Area Manager:*  
Cathy Dominguez  
[cdominguez.apal@gmail.com](mailto:cdominguez.apal@gmail.com)  
Assistant  
Tosha Davis  
[vistasandia.apal@gmail.com](mailto:vistasandia.apal@gmail.com)

Casa del Norte  
Robin House  
*Area Manager:*  
Andrew Pacheco  
[apacheco.apal@gmail.com](mailto:apacheco.apal@gmail.com)  
*Assistant:*  
Stephanie Dodson  
[casadelnorte.apal@gmail.com](mailto:casadelnorte.apal@gmail.com)

West Ridge Village  
Willow Wood  
*Area Manager:*  
Teddy Ashford  
[tashford.apal@gmail.com](mailto:tashford.apal@gmail.com)  
*Assistants:*  
Pearl Martinez  
[westridge.apal@gmail.com](mailto:westridge.apal@gmail.com)  
Susanna Rubio  
[willowwood.apal@gmail.com](mailto:willowwood.apal@gmail.com)  
*Activities*  
Chanelle Smoots



Balloon Museum



Natural History Museum

In addition to the normal Monday - Wednesday - Friday Schedule at the Day Care, the following outings are scheduled for regular attendees:

April 8th - Albuquerque Zoo

April 19th - April Showers Luncheon - Manzano Mesa Multigenerational Center

Outing spaces are reserved first for the residents that regularly attend day care at least once per week. If additional spaces are available, those that do not attend day care regularly will have a spot reserved.

**Monthly Gathering**  
**Join Us to Celebrate National**  
**Caramel Day!**





Caramel is an American confection. As early as the seventeenth century, American women were using caramelized sugar and water to make candies. The candy made from caramelized sugar and water was, of course, hard. But the hardness was considered a good thing. It was very inexpensive to produce. It was easily transported, and it wasn't necessary to handle it with care. Best of all, it had a very long shelf life.

Somewhere around 1850, it was discovered that by adding milk and fat products to this cooked sugar mixture, a sweet chewy confection was produced, and it was quickly named "caramel." Caramel was an instant hit, and it got more and more popular.

Join us on:

**Tuesday, April 23rd at 1:00pm all locations**

Feel free to bring your favorite caramel dessert and share it with us, or just come and enjoy one of ours!

**Preferred Assisted Living**

# Community Involvement



TIME IS RUNNING OUT!!!! Please click on the link below to donate to the fundraising efforts of Chris Anaya to benefit the NM Alzheimer's Association.

Preferred Assisted Living is hosting a Motorcycle Rally to Benefit the fundraising efforts of Chris Anaya for the 2013 Dancing Stars Gala!

## BENEFIT RALLY

APRIL 7, 2013

Registration 10am  
Ride Starts 11:30am

Ride Begins at VFW Post 49  
11005 Central Ave., NE  
and ends at  
Boston's, 4300 the 25 Way N.E.

Stay Tuned for More  
Information including a  
list of fabulous raffle  
prizes!!

For More Information or to get a registration form, E-mail  
[tayers.apal@gmail.com](mailto:tayers.apal@gmail.com) or [lynn.blake@gmail.com](mailto:lynn.blake@gmail.com)

\$15 Single Rider  
\$20 Double Rider  
Each rider will receive a raffle ticket



Alzheimer's disease!

All Proceeds Benefit the fundraising efforts of Chris Anaya, "Dancing Stars" Gala dancer for the Alzheimer's Association, NM Chapter!

## 2013 Dancing Stars Gala



Please join us for an evening of fine dining, dancing and rollicking fun, where your votes decide which local celebrity stakes claim to the Dancing Stars Trophy, all in celebration of those who support our vision: A world without Alzheimer's disease.

Date: Saturday, April 13, 2013

Silent Auction & Cocktail Reception | 6:00PM

Location: Hyatt Regency Albuquerque

Preferred Assisted Living is a Corporate Sponsor for the event and our

Marketing Director, Chris Anaya, is honored to be one of this year's "Dancing Stars" for the Alzheimer's Association, NM Chapter. He is committed to raising awareness and funds for Alzheimer research, care and support.

Currently, more than 5 million Americans have Alzheimer's and that number is expected to grow to as many as 16 million by 2050. Our future is at risk unless we can find a way to change the course of this disease.

He needs your support to do his part! Please make a donation to help the Alzheimer's Association advance research into prevention, treatments and a cure for Alzheimer's. For the millions already affected by the disease, the Association offers care, education, support and resources in communities nationwide.

[Click here to Donate - \\$5 minimum](#)

[Click Here to Purchase Gala Tickets](#)

[Click on CHRIS ANAYA](#)

[Sign up for the free weekly Alzheimer's Assoc newsletter](#)

[Alzheimer's/Dementia Support Groups by City](#)



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## Can I Deduct Assisted Living Expenses on My Taxes?

This time of year we start to get a lot of questions about whether or not assisted living expenses are tax deductible. While we are not accountants, and cannot give you tax advice, the following websites may give you some insight and something to share with your accountant regarding whether or not you can deduct assisted living expenses.

[Assisted Living Deduction](#)

[Assisted Living Deduction Article #2](#)



## Snapshots!















