

Locations:

Albuquerque

Casa del Norte
3200 Candlelight Dr NE

Robin House
9909 Robin Ave NE

Tender Heart
4308 Tulane Dr NE

Vista Sandia
8604 Camino Osito NE

West Ridge Village
3130 Vista Grande NW

Willow Wood
1008 Chiricahua SE

Del Sol Senior Sitters
3609 Lafayette NE

Las Cruces

Casa Bella
2919 Spitz St.

Hatch



A Note From Preferred Dental Care At Home!

As we step outside and feel the wind, there is no question Spring in New Mexico is upon us! Spring often is a time when we try to start "Spring Cleaning" not only in our homes but often in our lives! We understand that it is difficult sometimes to get all those things done. If you have children, Spring Break is often a time to make doctor's appointments, dentist appointments, etc., so that they don't miss school for these types of appointments. Add caring for a parent to this and it can become overwhelming!

Quick Links...
[Our Website](#)



Team Member Birthdays

Marlene Zuniga 3-7
Anastasia Ford 3-9
Sasha Livingston 3-12
Vanessa Esquivel 3-18

Resident Birthdays

3-2 Sue A. CB
3-2 Ruth G. RH
3-4 Betty M. RH
3-6 Ed N. WRV
3-7 Nancy S. WW
3-10 Florence G. CS
3-20 Jayne B. CB
3-28 Lois C. WW
3-26 Selma F. WW

We want to help you in any way we can! We want your visits to see your loved one to be visits that are relaxing and not rushed to get someone to the doctor. As you know, we coordinate many in-home services such as labs, nurse practitioner or doctor's appointments, haircuts, massages, etc. We are pleased to now be able to offer another home-bound service - dental care! In partnering up with Dental Care In Your Home, Dr. Tom Collins or Dr. Ken Armstrong, your loved one can now have cleanings, exams, digital x-rays, fillings, extractions, root canals and denture adjustments without ever leaving the house! This will allow you to take your loved one on a meaningful outing and enjoy lunch and not just one to the dentist! They accept most insurances including Aetna, Cigna, Delta Dental, Blue Cross Blue Shield, Presbyterian and Lovelace Senior Plans and Met Life Dental.

If this is something you are interested in and would like our help coordinating, please feel free to contact our Clinical Director, [Lynne Blake](#)

We hope you have a happy and healthy Spring!

Monthly Gathering
Join us for St. Patrick's Day
Dessert!



The following people are celebrating work anniversaries this month with Preferred Assisted Living, Inc., and we want to say congratulations and thank you!!!

3/19 Teddy Ashford
3 Years!!

3/29 Marissa Chavez
1 Year!!

3/27 Cathy Dominguez
5 Years!!

3/15 Vanessa Esquivel
1 Year!!



Did you know.....

St Patrick's Day is one of the world's biggest saint's day celebrations, celebrated in 200 countries by about 80 million people

Green was not the color originally associated with St Patrick; it was blue. The switch happened in the 19th century.

Boston, USA holds the honor of holding the first St Patrick's Day parade in 1737.

New York is said to have the world's biggest St Patrick's Day parade and celebration, with 150,000 in the parade and an audience of about 3 million

Shamrocks symbolize the day; St Patrick used them to explain how the father, son and holy spirit were connected. They are also Ireland's national flower.

3/22 Leahanna Rodriguez
1 Year!!

*Thanks for all you
do and for being
fabulous employees
and caregivers!*

Our Management Team:

Casa Bella
Administrator
Jill Shannon

jshannon.apal@gmail.com
Assistant

Ruth Olivas
casabella.apal@gmail.com

Country Sunset
Residential Services Manager
Brenda McWhorter
countrysunset.apal@gmail.com
Assistant
Dasha Jones

Del Sol Senior Sitters
Day Services Coordinator
Chanelle Smoots

Vista Sandia
Tender Heart
Area Manager:

Corned beef and cabbage are widely eaten in America on the day; that's not the case in Ireland.

In the US, St Patrick's Day is a major card-giving occasion, with more than 8 million cards exchanged

We just want to eat some delicious desserts and share them with you!! Please join us if you can!

Friday, March 15th @ 1:00pm

Feel free to bring your favorite green dessert and share it with us, or just come and enjoy one of ours!

Preferred Assisted Living Community Involvement

have fun
do Good
end alzheimer's
benefiting the alzheimer's association

Cathy Dominguez
cdominguez.apal@gmail.com

Casa del Norte
Robin House
Area Manager:
Andrew Pacheco
apacheco.apal@gmail.com
Assistant:
Judy Secatero
casadelnorte.apal@gmail.com

West Ridge Village
Willow Wood
Area Manager:
Teddy Ashford
tashford.apal@gmail.com
Assistants:
Pearl Martinez
westridge.apal@gmail.com
Susanna Rubio
willowwood.apal@gmail.com
Activities
Chanelle Smoots

Preferred Assisted Living is hosting a Motorcycle Rally to Benefit the fundraising efforts of Chris Anaya for the 2013 Dancing Stars Gala!

BENEFIT RALLY

APRIL 7, 2013

Registration 10am
Ride Starts 11:30am

Ride Begins at VFW Post 49
11005 Central Ave., NE
and ends at
Boston's, 4300 the 25 Way N.E.

Stay Tuned for More
Information including a
list of fabulous raffle
prizes!!

**have fun
do Good**
end alzheimer's
benefiting the alzheimer's association

\$15 Single Rider
\$20 Double Rider
Each rider will receive a raffle ticket

For More Information or to get a registration form, E-mail
tayers.apal@gmail.com or lynne.blake@gmail.com



Alzheimer's disease!

All Proceeds Benefit the fundraising efforts of Chris Anaya, "Dancing Stars" Gala dancer for the Alzheimer's Association, NM Chapter!

2013 Dancing Stars Gala

[Sign up for the free weekly Alzheimer's Assoc newsletter](#)

[Alzheimer's/Dementia Support Groups by City](#)



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Can I Deduct Assisted Living Expenses on My Taxes?

This time of year we start to get a lot of questions about whether or not assisted living expenses are tax deductible. While we are not accountants, and cannot give you tax advice, the following websites may give you some insight and something to share with your accountant regarding whether or not you can deduct assisted living expenses.

[Assisted Living Deduction](#)

[Assisted Living Deduction Article #2](#)

Please join us for an evening of fine dining, dancing and rollicking fun, where your votes decide which local celebrity stakes claim to the Dancing Stars Trophy, all in celebration of those who support our vision: A world without Alzheimer's disease.

Date: Saturday, April 13, 2013

Silent Auction & Cocktail Reception | 6:00PM
Location: Hyatt Regency Albuquerque

Preferred Assisted Living is a Corporate Sponsor for the event and our Marketing Director, Chris Anaya, is honored to be one of this year's "Dancing Stars" for the Alzheimer's Association, NM Chapter. He is committed to raising awareness and funds for Alzheimer research, care and support.

Currently, more than 5 million Americans have Alzheimer's and that number is expected to grow to as many as 16 million by 2050. Our future is at risk unless we can find a way to change the course of this disease.

He needs your support to do his part! Please make a donation to help the Alzheimer's Association advance research into prevention, treatments and a cure for Alzheimer's. For the millions already affected by the disease, the Association offers care, education, support and resources in communities nationwide.

Thank you for joining our movement! The end of Alzheimer's disease starts here.

[Click here to Vote for Chris](#)

[Click Here to Purchase Tickets - Be Sure to Choose Chris Anaya](#)

RESOURCE CENTER



Preferred Assisted Living utilizes Care and Compliance Group for some of our staff continuing education. Care and Compliance allows us access to 100's of topics that are written and approved by

the National Association of Long Term Care Boards. Our caregivers complete 31 hours of training in the first 30 days of hire, then complete 2-4 hours per month. Every training has modules and/or videos, and a mandatory test that must be passed with an 85% or better. We believe this puts our caregivers into a professional category above and beyond many in the industry.

Care and Compliance also has educational handouts for family members. If there is a topic you are interested in learning more about, please let us know and we will provide this for you!



Snapshots!













