



October 2012

Locations:

Albuquerque

Casa del Norte
3200 Candlelight Dr NE

Robin House
9909 Robin Ave NE

Tender Heart
4308 Tulane Dr NE

Vista Sandia
8604 Camino Osito NE

West Ridge Village
3130 Vista Grande NW

Willow Wood
1008 Chiricahua SE

Del Sol Senior Sitters

What's New At Preferred Assisted Living?

Del Sol Day Care Goes to the State Fair

The joys of New Mexico in the fall are countless....the smell of green chile roasting, crisp mornings, hot air balloons in the sky and the smell of.....funnel cake,

3609 Lafayette NE

Las Cruces

Casa Bella
2919 Spitz St.

Hatch

Country Sunset
1163 Canal St.

Quick Links...

[Our Website](#)



Team Member Birthdays

10-5 Tracy Ayers
10-10 Theodore Ashford
10-14 Leahanna Rodriguez
10-26 Anne Wegman

Resident Birthdays

10-4 Jacob B - WW
10-11 - Elizabeth H - CDN
10-11 Carmen J - CB
10-11 James M - VS
10-11 Elliot W - TH
10-17 Sam C - VS
10-21 Bob L - CS



The following people are celebrating work anniversaries this month with Preferred Assisted Living, Inc., and we want to say congratulations and thank you!!!

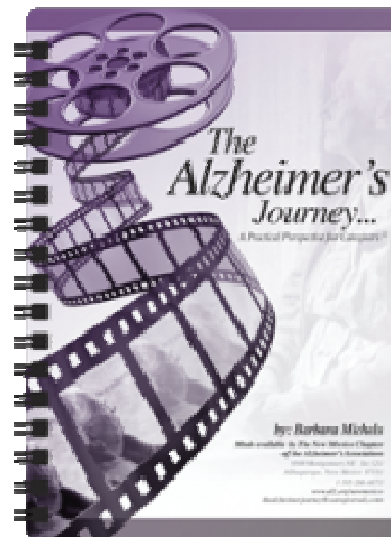
Dione Barton - 10/8 - 2 Years
Roberta Garcia - 10/21 1 Year

yes funnel cake!! That is one of the many indulgences some of our Adult Day Care participants enjoyed on their outing to the New Mexico State Fair. It wasn't just the food they enjoyed either - Teddy and Ina Jean cut a rug on the dance floor! Watching the fun wasn't enough for Bonnie, who ended up with Chanelle dancing up a storm!

They all enjoyed the the White Bengal Tiger Show, but this was definitely Howard's favorite part of the fair!

One of our owners, Matt Ayers, went with them and sent a text to Lynne and Tracy that said, "this is my favorite part of our business, seeing our residents enjoy themselves so much!"

Resource Center



We know this is not the first time we have featured this resource in our resource center, but we feel it is such an invaluable resource that we needed to feature it again. "The Alzheimer's Journey" was written by Barbara Michels. Barbara is one of the founding volunteers and Support Group leaders of the Alzheimer's Association New Mexico Chapter and has put her knowledge and experience to paper in this poignant perspective to aide

*Thanks for all you
do and for being
fabulous
employees and
caregivers!*

Our Management Team:

Casa Bella

Administrator

Jill Shannon

jshannon.apal@gmail.com

Assistant

Ruth Olivas

casabella.apal@gmail.com

Country Sunset

Residential Services

Manager

Brenda McWhorter

countrysunset.apal@gmail.com

Assistant

Dasha Jones

Del Sol Senior Sitters

Day Services Coordinator

Chanelle Smoots

Vista Sandia

Tender Heart

Area Manager:

Cathy Dominguez

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Assistant:

Nancy Lopez

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Casa del Norte

Robin House

Area Manager:

Andrew Pacheco

apacheco.apal@gmail.com

Assistant:

Judy Secatero

casadelnorte.apal@gmail.com

West Ridge Village

Willow Wood

Area Manager:

Teddy Ashford

tashford.apal@gmail.com

Assistants:

Pearl Martinez

families and/or professionals. "This is not a technical study but a practical approach gleaned from my experiences as a daughter, caregiver, physical therapist, respite provider, support group leader".

To obtain your copy of this invaluable tool, please click the link below. Proceeds go to the Alzheimer's Association, New Mexico Chapter.

[Order Now](#)

Preferred Assisted Living Community Involvement

Preferred Assisted Living is honored to have one of our owners, Tracy Ayers, be elected to serve on the Alzheimer's Association Board of Directors. The Alzheimer's Association vision is simply "a world without Alzheimer's." The mission is "to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia." The board is committed to this vision and mission and we are honored to be a part of it.



westridge.apal@gmail.com
Susanna Rubio
willowwood.apal@gmail.com
Activities
Vivian Ingersol
vingersol.apal@gmail.com



October is Pumpkin Dessert Pot Luck

October is the month to indulge in all those delicious pumpkin flavored desserts. Whether pumpkin cheesecake or pumpkin spice latte's are your indulgence, come share it with us!!

October 18th
1:00-2:30
All Locations

*Please RSVP
simply by replying to
this e-mail!*

Thank You!



The results are in!!! The Las Cruces Walk was a huge success! Even though we walked in the pouring rain, the walk has earned **\$51,130.40** far surpassing the goal of \$40,000.00. The Casa Bella Team came in 5th for total money earned and Jill Shannon was our top fund raiser, raising \$760.00!!

8th Annual Family Caregiver Conference

This year's Family Caregiver Conference brings together our community to celebrate and honor the unsung hero: Family members who have had to give up their role as mother, daughter, father, son, husband, wife, to become a caregiver. This annual conference is sponsored by the New Mexico Alzheimer's Association, City of Albuquerque Department of Senior Affairs and the City of Albuquerque/Bernalillo County Area Agency on Aging.

Del Sol Senior Sitters is honored to be offering off-site respite care so caregivers can attend the conference. Please register today by calling 505-266-4473.

This year's conference is being held at Sandia Resort & Casino on Saturday, November 3rd from 7am-4pm.

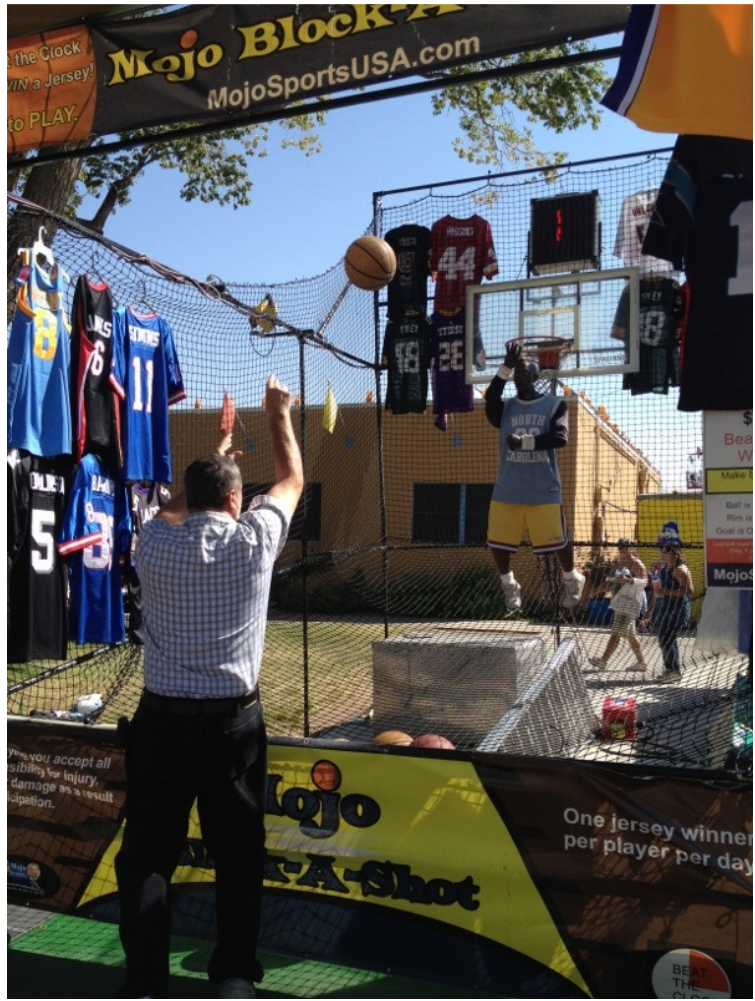
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[Alzheimer's/Dementia Support Groups by City](#)



Snapshots!







Have a great October!!



