



September 2012

Locations:

Albuquerque

Casa del Norte
3200 Candlelight Dr NE

Robin House
9909 Robin Ave NE

Tender Heart
4308 Tulane Dr NE

Vista Sandia
8604 Camino Osito NE

West Ridge Village
3130 Vista Grande NW

What's New At Preferred Assisted Living?

As we enter into the 9th month of this year, feel the cool air in the mornings and evenings and see the Christmas items already in stores, it is hard to believe how fast time flies by. Though we can't stop time, we can preserve the memories of our lives and our family.

Willow Wood
1008 Chiricahua SE

Del Sol Senior Sitters
3609 Lafayette NE

Las Cruces

Casa Bella
2919 Spitz St.

Hatch

Country Sunset
1163 Canal St.

Quick Links...

[Our Website](#)



Team Member Birthdays

9-3 Jayson Epps
9-3 Taryn Horn
9-6 Brianna Greene
9-14 Stacy Redding
9-25 Nancy Lopez
9-29 Arlean Greathouse

Resident Birthdays

9-20 Billy B. - CB
9-21 Delores F. - WRV
9-23 Margaret F. - CB



The following people are celebrating work anniversaries this month with Preferred Assisted Living, Inc., and we

The book pictured below was part of a family project we did featuring one of our owners, Matt's, grandparents. Matt, Lynne and Tracy all participated in the project with the hopes that we could offer such a wonderful experience to our residents and their families one day.

Although it seems like yesterday we were sitting in their living room gathering photos and asking questions, it was done in 2008. Since that time, our grandpa has passed away and our grandma was diagnosed with Alzheimer's and now lives in our assisted living home in Las Cruces.

When we gather as a family, one of our kids always picks this book up and it begins conversations like "Wow, we didn't know Grandpa worked on Wall Street," or "What a funny story they both tell about when they got married." These photos and stories are forever preserved and will be able to be told to generations yet to come.

We felt so deeply touched by this project that we wanted to be able to offer the same opportunity to our residents and their families. Although we realize that your loved one's illness may have progressed to the point that they can no longer participate in the historical aspect of this, but we are sure that if your family gathers and starts jotting down what they remember and photos they may have, you too can have your family memories preserved. We have easy to use templates to make it manageable!

If you are interested in working with us to put this together for your family, please e-mail Tracy at tayers.apal@gmail.com -

To preview this project, click on the link below:

[Book Preview](#)

want to say congratulations and thank you!!!

Vivian Ingersol - 9/6 - 1 year
Brenda Crouch - 9/29 1 year
Victoria Yazzie - 9/29 1 year
Rose Escudero - 9/29 1 year
Trish Montoya - 9/30 4 years

Thanks for all you do and for being fabulous employees and caregivers!

Our Management Team:

Casa Bella

Administrator

Jill Shannon

jshannon.apal@gmail.com

Assistant

Ruth Olivas

casabella.apal@gmail.com

Country Sunset

Residential Services

Manager

Brenda McWhorter

countrysunset.apal@gmail.com

Assistant

Dasha Jones

Del Sol Senior Sitters

Day Services Coordinator

Chanelle Smoots

Vista Sandia

Tender Heart

Area Manager:

Cathy Dominguez

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Assistant:

Nancy Lopez

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Casa del Norte

Robin House

Area Manager:

Andrew Pacheco

apacheco.apal@gmail.com

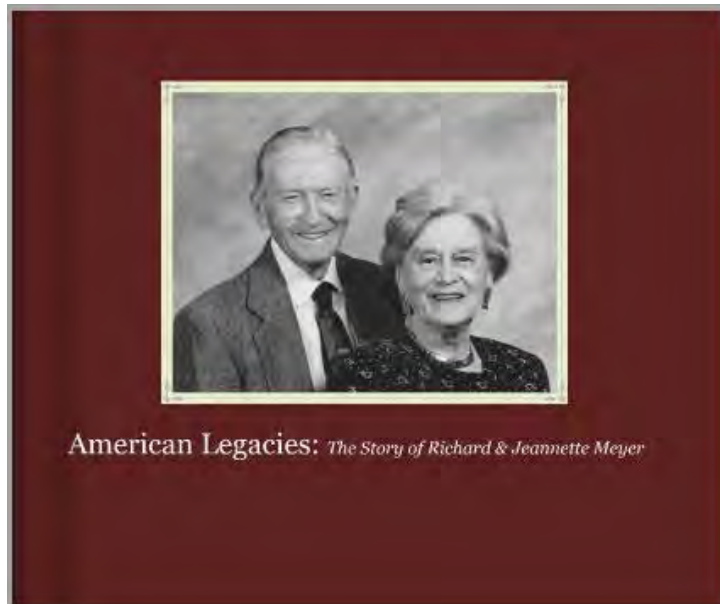
Assistant:

Judy Secatero

casadelnorte.apal@gmail.com

West Ridge Village

Willow Wood



Resource Center VA Aid & Attendance Program Information



One of our team members, Chris Anaya, recently attended an informational session on the VA Aid & Attendant Program so see if this could benefit our residents and their families.

The Veterans Administration offers Aid and Attendance as part of an "Improved Pension" Benefit that is largely unknown. This Improved Pension allows for Veterans and surviving spouses who require assisted care in an Assisted Living facility to receive monetary benefits.

This most important benefit is overlooked by many families with Veterans or surviving spouses who need additional monies to help care for ailing parents or loved ones. This is a "Pension Benefit"

Area Manager:
Teddy Ashford
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Assistants:
Pearl Martinez
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Susanna Rubio
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Activities
Vivian Ingersol
ingersol.apal@gmail.com

**September -
Labor Day
BBQ's**



**Thanks to
everyone that
attended and
helped make
this day special!**

and IS NOT dependent upon service-related injuries for compensation. Aid and Attendance can help pay for care in an Assisted Living facility.

A Veteran is eligible for up to \$1,704 per month, while a surviving spouse is eligible for up to \$1,094 per month. A Veteran with a Spouse is eligible for up to \$2,020 per month and a Veteran with a Sick Spouse is eligible for up to \$1,338 per month*.

Many families overlook the A&A Pension as it pertains to veterans who are still independent, but have an ill spouse. Keep in mind that in this situation, if the spouse's medical expenses completely depletes their combined monthly income, the Veteran can file as a Veteran with a sick spouse.

ELIGIBILITY FOR THE AID & ATTENDANCE PENSION

Any War-Time Veteran with 90 days of active duty, 1 day beginning or ending during a period of War, is eligible to apply for the Aid & Attendance Improved Pension. A surviving spouse (marriage must have ended due to death of veteran) of a War-Time Veteran may also apply. The individual applying must qualify both medically and financially.

To qualify medically, a War-Time Veteran or surviving spouse must need the assistance of another person to perform daily tasks, such as eating, dressing, undressing, taking care of the needs of nature, etc. Being blind or in a nursing home for mental or physical incapacity, or residing in an assisted living facility also qualifies.

Eligibility must be proven by filing the proper Veterans Application for Pension or Compensation. This application will require a copy of DD-214 (see below for more information) or separation papers, Medical Evaluation from a physician, current medical issues, net worth limitations, and net income, along with out-of-pocket Medical Expenses.

To qualify financially, an applicant must have on average less than \$80,000 in assets, EXCLUDING their home and vehicles.

For more general information about the Aid & Attendance Pension, please see our [FAQ Section](#).

[VA Aid & Attendant Program](#) or contact Tracy Ayers at tayers.apal@gmail.com

Preferred Assisted Living Community Involvement



The Alzheimer's Walks are getting closer! Las Cruces walk is September 8th and the Albuquerque walk is September 22nd!

Click on the link below to support our team either by walking or making a donation!

Preferred Assisted Living's Southern locations will be participating in the Walk to End Alzheimer's in Las Cruces in September. Casa Bella's Administrator, Jill Shannon, is the team leader. Click the link below to join the team or make a donation to help end Alzheimer's.

[Click here to Join the Walk to End Alzheimer's and Support our Team](#)

[Sign up for the free weekly newsletter](#)

[Alzheimer's/Dementia Support Groups by City](#)



Snapshots!

Families Enjoying the Labor Day BBQ's







Our Tomato Jungle at Del Sol Adult Day Care!



