



The Silver Lining

August 2012

Locations:

Albuquerque

Casa del Norte
3200 Candlelight Dr NE

Robin House
9909 Robin Ave NE

Tender Heart
4308 Tulane Dr NE

What's New At Preferred Assisted Living?

Cloud 9 Divine Yoga Studio came to Tender Heart to pilot our new Chair Yoga For Seniors Program. We

Vista Sandia
8604 Camino Osito NE

West Ridge Village
3130 Vista Grande NW

Willow Wood
1008 Chiricahua SE

Del Sol Senior Sitters
3609 Lafayette NE

Las Cruces

Casa Bella
2919 Spitz St.

Hatch

Country Sunset
1163 Canal St.

Quick Links...

[Our Website](#)



Team Member Birthdays

8-1 Valerie Rodriguez
8-1 Anna Consiglio
8-3 Gabe Salcido
8-4 Dione Barton
8-19 Roberta Waquie
8-26 Linda Maine
8-27 Sharon Martinez
8-31 Ruby Montes

Resident Birthdays

8-9 Juan H. - CB
8-13 Lucy B. - RH
8-13 Ina Jean D. - RH
8-14 Joanne D. - CS
8-24 Magdalen M. - CDN
8-26 Robert H. - WRV
8-29 John L. - CB

scheduled the initial session to see how it went before scheduling the other locations. Everyone seemed to really enjoy it and we will be working with Cloud 9 to offer a weekly class at each Albuquerque location. We are looking into a similar service in the Las Cruces/Hatch area.



Preferred Assisted Living Community Involvement





The following people are celebrating work anniversaries this month with Preferred Assisted Living, Inc., and we want to say congratulations and thank you!!!

Ruth Olivas - 8/11 - 4 Years
Lorenzo Rios - 8/13 - 4 Years
Andrew Pacheco - 8/22 1 Year
Linda Maine - 8/25 1 Year
Susana Rubio 8/24 - 1 Year

Thanks for all you do and for being fabulous employees and caregivers!

Our Management Team:

Casa Bella
Administrator
Jill Shannon
jshannon.apal@gmail.com
Assistant
Ruth Olivas
casabella.apal@gmail.com

Country Sunset
Residential Services
Manager
Brenda McWhorter
countrysunset.apal@gmail.com
Assistant
Dasha Jones

Del Sol Senior Sitters
Day Services Coordinator
Chanelle Smoots

Vista Sandia
Tender Heart
Area Manager:
Cathy Dominguez
cdominguez.apal@gmail.com
Assistant:

Nancy Lopez

The Alzheimer's Walks are getting closer!
Las Cruces walk is September 8th and the Albuquerque walk is September 22nd!

Click on the link below to support our team either by walking or making a donation!

Preferred Assisted Living's Southern locations will be participating in the Walk to End Alzheimer's in Las Cruces in September. Casa Bella's Administrator, Jill Shannon, is the team leader. Click the link below to join the team or make a donation to help end Alzheimer's.

[Click here to Join the Walk to End Alzheimer's and Support our Team](#)

Resource Center

Alzheimer's Association Weekly E-News

Stay up-to-date on the latest news and advances in Alzheimer's treatments, care and research. Get tip for living with Alzheimer's as well as simple ideas on how you can support the fight to end Alzheimer's



tenderheart.apal@gmail.com

Casa del Norte

Robin House

Area Manager:

Andrew Pacheco

apacheco.apal@gmail.com

Assistant:

Judy Secatero

casadelnorte.apal@gmail.com

West Ridge Village

Willow Wood

Area Manager:

Teddy Ashford

tashford.apal@gmail.com

Assistants:

Pearl Martinez

westridge.apal@gmail.com

Susanna Rubio

willowwood.apal@gmail.com

Activities

Vivian Ingersol

vingersol.apal@gmail.com

**August
Dessert of the
Month
Gathering**



**Tuesday,
August 14th**

**Join us For a
"USA Goes for
the Gold"
Cake!**

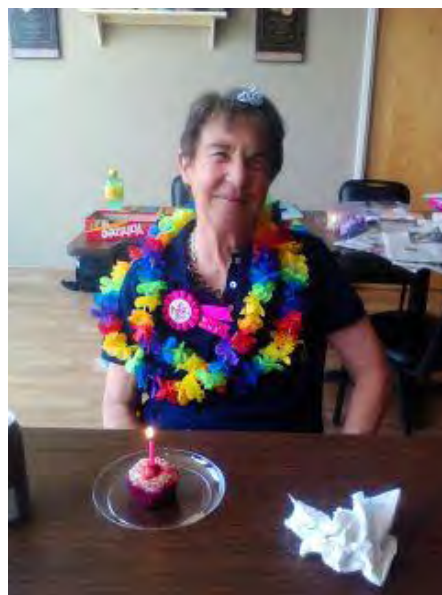
Please RSVP to the community

[Sign up for the free weekly newsletter](#)

[Alzheimer's/Dementia Support Groups by City](#)



Snapshots!



manager or assistant manager!!

[Flag Cake Recipe](#)

**All locations
1:00pm-2:00pm**

Next month learn how you can
work with us and preserve your
family history.

Click here to preview:

[American Legacy: The Story of
.....](#)

